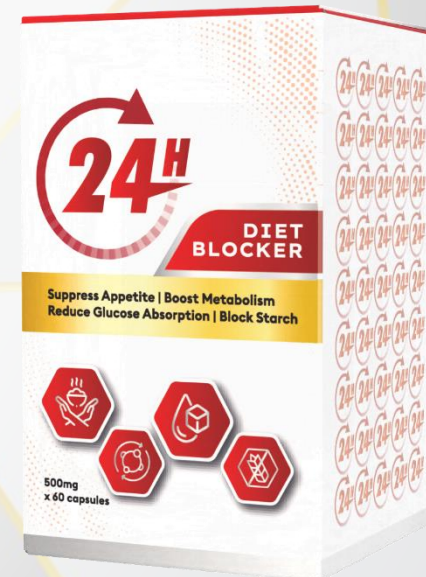




24H Diet Blocker

Candy Block Starch, Oil, and Sugar



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of Sugar, Starch, and Fat**

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01 Company Vision and Mission



Company Vision and Mission



Vision

**Become The Most Powerful Micronet Platform
in Asia**



Mission

**Help Your Family To Live Out Self-Confidence
and Health, Create Dream Life Together**



Core Value

Gratitude, Respect, Integrity



02 Risks of Consuming High Levels of Sugar, Starch, and Fat



Risks of Consuming High Levels of Sugar, Starch, and Fat



High Fat Intake: Triggers High Cholesterol and Hypertension

Increases Bad Cholesterol (LDL):

Diets high in fat, especially saturated and trans fats, elevate LDL cholesterol levels, leading to arterial hardening and a higher risk of cardiovascular disease.

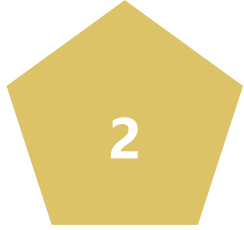
Impacts Blood Pressure:

High-fat diets reduce vascular elasticity, restricting blood flow and contributing to elevated blood pressure.





Risks of Consuming High Levels of Sugar, Starch, and Fat



High Starch Intake: Exacerbates Blood Sugar Fluctuations

Rapidly Elevates Blood Sugar:

Starch, a carbohydrate, quickly breaks down into glucose after consumption. Excessive intake causes sudden spikes in blood sugar levels.

Increases Insulin Burden:

Long-term high-starch diets lead to overproduction of insulin, potentially causing insulin resistance and eventually triggering diabetes.





Risks of Consuming High Levels of Sugar, Starch, and Fat



High Sugar Intake: Directly Harms the Metabolic System

Raises Risk of Insulin Resistance:

Excess sugar impairs insulin's ability to regulate blood sugar, significantly increasing the risk of type 2 diabetes.

Leads to Hypertension and Obesity:

Sugars easily convert to fat, contributing to weight gain and increasing the likelihood of cardiovascular and metabolic diseases.





Risks of Consuming High Levels of Sugar, Starch, and Fat

4

Combined Effect: Drivers of Metabolic Syndrome

The combined impact of high fat, starch, and sugar intake promotes obesity, fatty liver, and chronic inflammation—key factors in developing metabolic syndrome. This, in turn, heightens the risks of diabetes, high cholesterol, and hypertension.



脂肪肝



正常肝



03 Why Block Sugar, Starch, and Fat?



Why Block Sugar, Starch, and Fat?

1

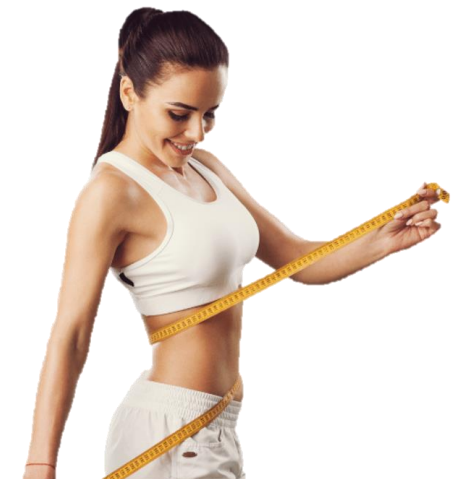
Reduce Calorie Intake and Support Weight Management

- Starch, fats, and sugars are primary sources of high-calorie foods.
- Excessive intake often leads to calorie surplus, fat accumulation, and weight gain:

Starch: Converts into glucose after digestion, and excess glucose is stored as fat.

Fats: High in calorie density, excessive intake can contribute to weight gain.

Sugars: Spike blood sugar levels rapidly, triggering insulin overproduction, with excess sugars converting to fat storage.





Why Block Sugar, Starch, and Fat?

2

Stabilize Blood Sugar Levels and Prevent Chronic Diseases

- High-sugar and high-starch diets cause rapid blood sugar fluctuations, leading to insulin resistance and increasing the risk of type 2 diabetes.
- Excess fat intake can result in abnormal blood lipid levels, heightening the risk of cardiovascular diseases.
- Blocking these components can help stabilize blood sugar and reduce metabolic stress.





Why Block Sugar, Starch, and Fat?

3

Improve Digestive Health

- Diets high in sugar and fats can overload the digestive system, causing bloating, diarrhea, or constipation.
- Reducing starch, fat, and sugar absorption promotes healthier gut function.





Why Block Sugar, Starch, and Fat?

4

Enhance Dietary Quality and Prevent Overnutrition

- Modern diets often feature excessive starch, fats, and sugars while lacking fiber, protein, and micronutrients.
- Blocking the absorption of these components can optimize meal structure, encouraging the intake of high-quality nutrients.



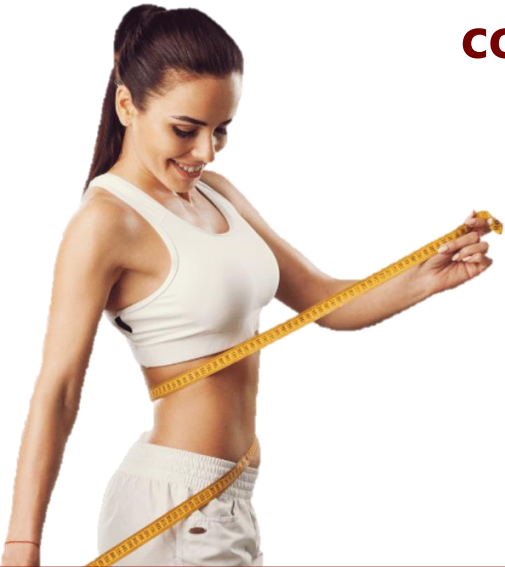


Why Block Sugar, Starch, and Fat?

5

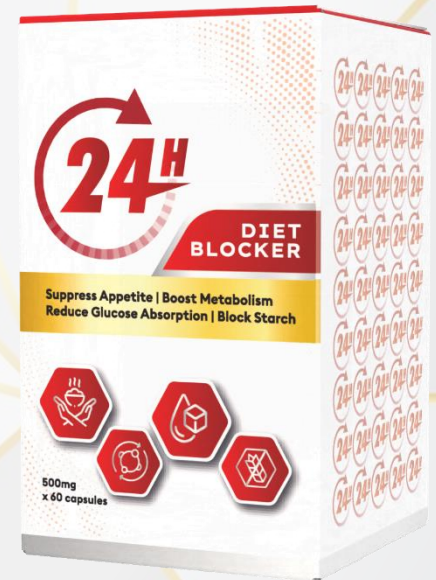
Support Fat Loss and Body Shaping

- For those aiming to lose fat or sculpt their body, limiting the absorption of starch, fats, and sugars aids in controlling calorie intake, preventing fat accumulation, and achieving body composition goals.





04 24h Diet Blocker





24H Diet Blocker



24H Diet Blocker is a natural nutritional product specifically designed for modern health management. It combines various plant extracts, including Garcinia Cambogia, Fenugreek, Gymnema Sylvestre extract, along with Vitamin B6 and White Kidney Bean extract. This product works by suppressing appetite, reducing sugar absorption, hindering fat production, regulating blood sugar levels, and boosting metabolic function, providing comprehensive



24H Diet Blocker – Main Ingredients



1

White Kidney Beans



2

Garcinia Cambogia



3

Fenugreek



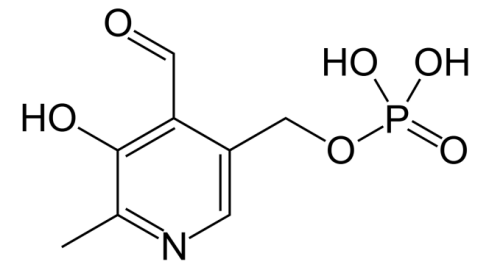
4

Gymnema Sylvestre Extract



5

Vitamin B6





24H Diet Blocker – Main Ingredients



1

White Kidney Beans

Blocking Starch Absorption

White kidney beans contain α -amylase inhibitors, which effectively prevent the breakdown of starch in the intestine, thereby reducing sugar absorption and helping to control blood sugar levels.

Weight Loss Assistance

By reducing the conversion of starch into glucose, white kidney beans help to decrease fat accumulation, promoting weight management and fat burning.

Helps Reduce Water Retention

With diuretic properties, white kidney beans help eliminate excess water from the body, alleviating water retention.





24H Diet Blocker – Main Ingredients

Reducing Fat Synthesis

The **Garcinia Cambogia** extract in the formula contains hydroxycitric acid (HCA), which inhibits the key enzyme citrate lyase, reducing the conversion of carbohydrates into fat.

Suppressing Appetite

HCA helps increase serotonin levels, improving mood and aiding in appetite control, which leads to reduced caloric intake.

Enhancing Fat Metabolism

The formula accelerates the breakdown and utilization of fat, helping to decrease body fat and manage weight more effectively.



2

**Garcinia
Cambogia**





24H Diet Blocker – Main Ingredients



3

Fenugreek

Improving Blood Sugar Metabolism

Contains soluble fiber and fenugreek saponins, which help delay sugar absorption, improve insulin sensitivity, and stabilize blood sugar levels.

Promoting Fat Metabolism

Fenugreek helps regulate lipid metabolism, reducing cholesterol and fat accumulation, which supports effective weight management.

Enhancing Digestive Function

Rich in dietary fiber, fenugreek promotes bowel movements, helping to alleviate constipation and improve digestion.





24H Diet Blocker – Main Ingredients



4

**Gymnema
Sylvestre Extract**

Blocking Sugar Absorption

The active components in (Gymnema Sylvestre) inhibit the activity of amylase, reducing the breakdown and absorption of sugars in the intestine, helping to control blood sugar fluctuations.

Supporting Weight Loss

By reducing calorie absorption and decreasing fat accumulation, Gymnema Sylvestre supports healthy weight management.

Antioxidant Effects

Contains natural antioxidants that help reduce oxidative stress in the body, protecting cellular health.





24H Diet Blocker – Main Ingredients



Promoting Metabolic Balance

Involved in the metabolism of proteins, carbohydrates, and fats, helping to improve energy utilization and reduce fat accumulation.

Regulating Mood and Reducing Stress

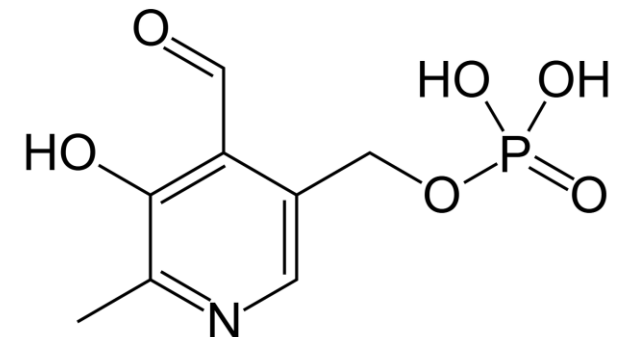
Aids in the synthesis of neurotransmitters such as serotonin and dopamine, improving mood and indirectly suppressing emotional eating.

Supporting Fluid Balance

Possesses natural diuretic properties, helping to reduce water retention in the body and alleviate bloating.

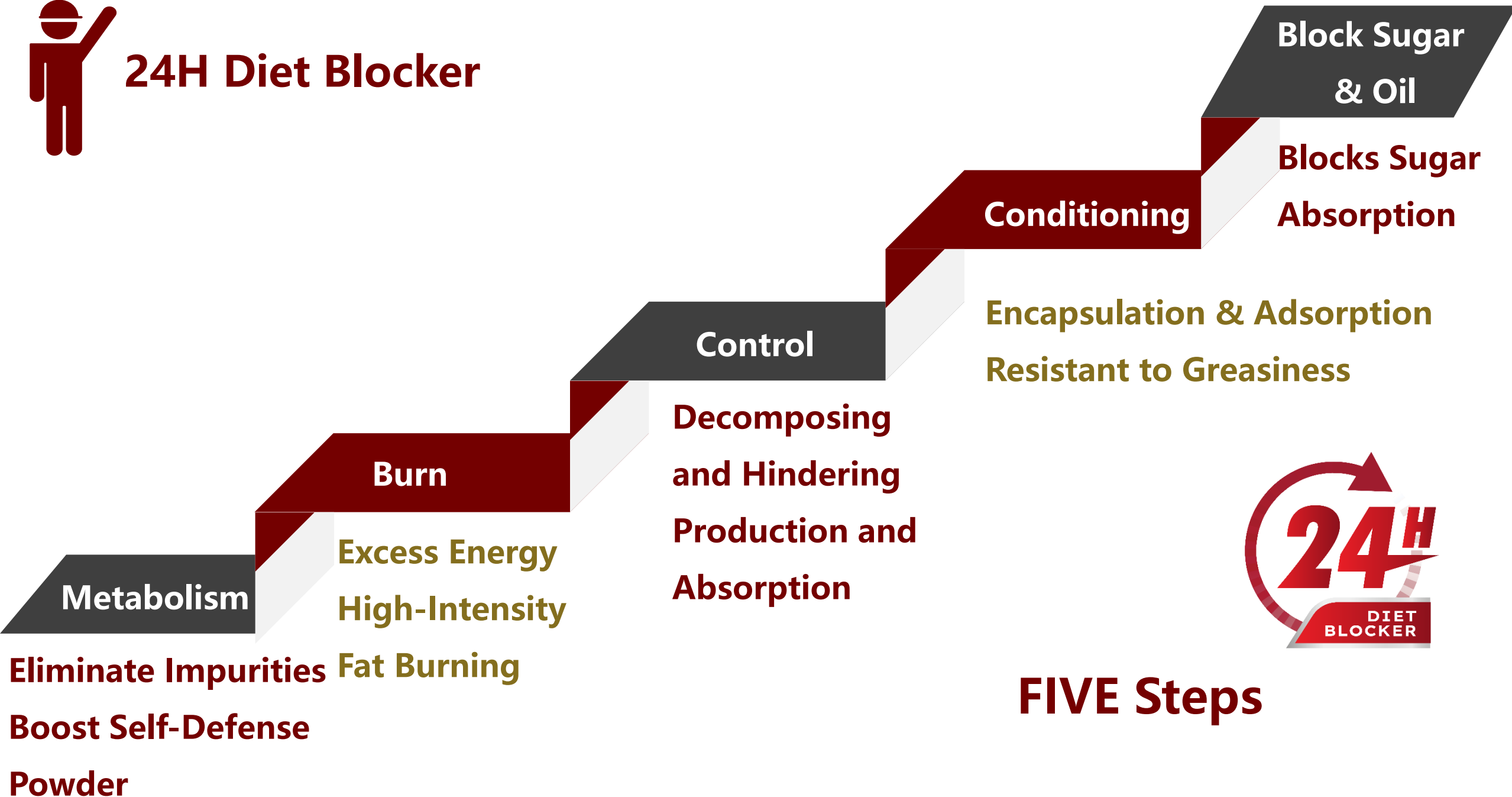
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Vitamin B6





24H Diet Blocker





24H Diet Blocker



Barrier
80% Starch
75% Sugar
75% Oil





24H Diet Blocker – 10 Functions

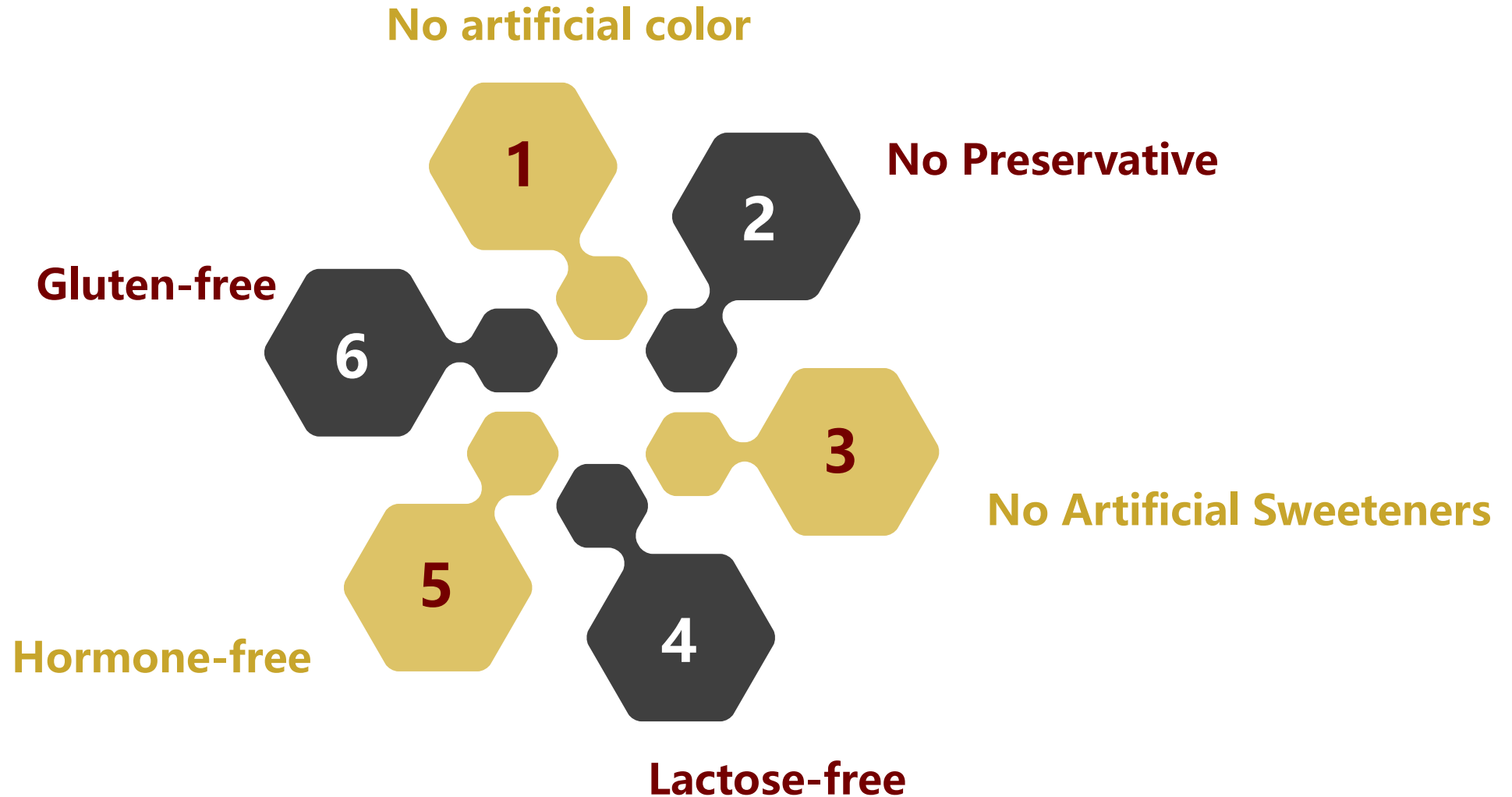


1. Suppresses appetite
2. Increases satiety
3. Burns fat
4. Promotes fat metabolism
5. Reduces water retention and bloating
6. Reduce breakdown and absorption of sugar and starch
7. Improves mood
8. Relieves constipation
9. Enhances digestive health
10. Supports liver health





24H Diet Blocker – No Added Ingredients





24H Diet Blocker – Consume Method



Slimming

2 tables / day

- **Before breakfast and lunch 1 table**

Customer consume I-SOFEE

1 table / day

- **Before lunch 1 table
(Breakfast consume I-SOFEE)**

Maintain

1 table / day

It is recommended to take the product 30 minutes before main meals, with warm water, to fully activate its ability to block the absorption of starch, fats, and sugars. This timing ensures maximum effectiveness in supporting your metabolism and weight management goals.



24H Diet Blocker – Precautions During Consumption



It is Crucial to Drink Enough Water

- Fat-burning and metabolism process consumes a significant amount of water. To metabolize one pound of fat, approximately 10 liters of water is required to support the process.
- If the body is dehydrated, fat breakdown and metabolism will be hindered, leading to fat accumulation.
- Therefore, maintaining proper hydration is essential.
- Drinking warm water not only promotes metabolism but also helps the fat to be metabolized and eliminated more effectively.



24H Diet Blocker – Suitable For

Vegetarian

Obese

High Cholesterol

High Body Fat

High Visceral Fat

Hyperlipidemia

Diabetics

Fibroids & PCOS

Slow Metabolism

**Poor Gastrointestinal
Function**

**Poor Nutrient
Absorption**

Binge Eater



24H Diet Blocker – Not Suitable For



Attention

**It is not recommended for pregnant women,
breastfeeding mothers, individuals with hematoma, or
those with severe health conditions to take this product.**

**This is due to the presence of ingredients that promote fat
burning and appetite control.**



24H Diet Blocker – Dosage



1 bottle 60 tablets / 500mg



24H Diet Blocker effectively blocks the breakdown of starch, fats, and sugars for up to 18-24 hours throughout the day. It helps eliminate excess fats from the body in 8 hours, preventing them from being absorbed and leading to weight gain.



With consistent long-term use, it can help achieve a body type that is more easily inclined to lose weight.



Difference between 24H Diet Blocker and Slimming Products



- 24H Diet Blocker is not a weight loss product, but rather a health management product focused on blocking the absorption of starch and sugars.
- The product contains ingredients such as white kidney bean extract, Garcinia Cambogia, fenugreek, gymnema sylvestre extract, and Vitamin B6. These ingredients primarily work by regulating the metabolism of sugars in the diet, helping to control blood sugar fluctuations, reduce excessive calorie intake, and suppress appetite, thus promoting fat burning.
- The main function of the product is to promote a healthy metabolic balance, rather than directly burning fat or suppressing weight for weight loss purposes.
- Therefore, it is more suitable for those looking to improve their dietary structure and manage health conditions, including issues like high blood pressure, high blood sugar, and high cholesterol, rather than solely for weight loss.



24H Diet Blocker – Post-Consumption Notes



1. Eat within 1-2 hours after taking the product: Failing to do so may lead to dizziness or a rapid heartbeat as the body might experience a drop in sugar levels.

2. Water intake calculation:

Formula: Body weight (kg) × 40ml = Daily water intake.

Example: 50kg × 40ml = 2000ml (daily water requirement).



05 Frequent Asked Question



Frequent Asked Question

01

Can patients with thyroid (goiter) take this?

Answer: Yes, the ingredients in the product do not directly stimulate thyroid function, so it is generally safe to take.

However, if the thyroid condition is unstable, it is recommended to consult a doctor before making a decision.



Frequent Asked Question



02

Why do some people sweat after taking it?

Answer: Sweating after consumption is related to the promotion of metabolism. The active ingredients in the product, such as **Garcinia Cambogia** and **Fenugreek**, can accelerate fat breakdown and sugar metabolism, increasing caloric expenditure and producing a "thermogenic effect."

This effect stimulates the sympathetic nervous system, raising the body's temperature and triggering sweating. Sweating is a natural process for detoxification and fat metabolism, and it is a sign of accelerated metabolism.



Frequent Asked Question



03

Why is it not recommended to take it at night?

Answer: It may affect sleep quality. Some ingredients, such as Garcinia Cambogia and Vitamin B6, may increase energy levels or stimulate the central nervous system, keeping the body in an active state and potentially interfering with relaxation and falling asleep at night.

04

How long does it take to see results?

Answer: The results vary from person to person, but typically, initial improvements can be seen within 2 to 4 weeks.



Frequent Asked Question

05

Can vegetarians take it?

Answer: Yes, the ingredients in this product are all plant-based extracts and do not contain any animal-derived substances, making it suitable for vegetarians. The purely plant-based formula meets vegetarians' needs for health and dietary structure, while supporting metabolic balance and weight management.

06



Can people with high blood pressure, high blood sugar, and high cholesterol (the "three highs") take it?

Answer: Yes, the ingredients such as white kidney bean, Garcinia Cambogia, and Fenugreek help control blood sugar, blood lipids, and body weight, improving metabolic health. Vitamin B6 also supports energy metabolism and helps alleviate fatigue. Additionally, the product does not contain any stimulating ingredients, so it does not have any negative effects on individuals with the "three highs" and can provide supportive regulation.

For those taking medication long-term, one capsule per day is sufficient.



Frequent Asked Question

07

Can it be taken during menstruation?

Answer: It is not recommended to take during menstruation because some ingredients have fat-burning and appetite-suppressing effects, which can interfere with the menstrual cycle by stimulating fat metabolism and causing hormonal fluctuations, potentially worsening menstrual discomfort. Additionally, the appetite-controlling effects may affect the body's energy needs and recovery during this time.

08

Can people with anemia take it?

Answer: Yes, but you must be full before taking. If you feel dizzy, eat somethings sweet, such as candy.





Frequent Asked Question



09

Why do some people feel dizzy after taking it?

Answer: Feeling dizzy after taking the product may be due to the ingredients that block sugar absorption. These ingredients inhibit the absorption of sugar, which can cause fluctuations in blood sugar levels, especially in individuals who already have low or unstable blood sugar levels. A sudden drop in blood sugar can lead to symptoms like dizziness. Therefore, it is recommended to maintain a balanced diet and moderate sugar intake when using this product to avoid discomfort caused by low blood sugar.

People with hypoglycemia or low blood pressure are more likely to experience this symptom.



Frequent Asked Question



10

Can it be taken by people with stomach pain or bloating?

Answer: People with stomach pain or bloating can still take the product before meals, as the ingredients do not directly irritate the stomach. On the contrary, they work by blocking the absorption of starch and sugar, which helps reduce post-meal blood sugar fluctuations. Additionally, taking it before meals can enhance its effectiveness, helping to control appetite and suppress calorie intake. To avoid stomach discomfort, it is recommended to take the product with warm water and maintain a light diet, avoiding oily and spicy foods.



Frequent Asked Question



11

How long should I wait between taking western medicine or health supplements?

Answer: After 30 minutes.

12

Can patients with fibroids and PCOS it?

Answer: Yes, because starch blockers work by inhibiting the breakdown of starch, reducing blood sugar fluctuations, and improving common metabolic issues such as insulin resistance in patients with fibroids and PCOS, helping to better control blood sugar and body weight.



24H Diet Blocker

Candy Block Starch, Oil, and Sugar

Thank You

